

# April 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		<p><b>RENT DUE</b></p> <p>10:00 Bible Study</p> <p><b>11:30 La Costa</b></p> <p>Medical Appt. Trans Availability: 2-4p Only</p>	<p>9:30 Trans: Gosford Village</p> <p>2:30 BINGO</p> <p><b>PEST CONTROL</b></p>	<p>Medical Appt. Trans Availability: 9:30-12p Only</p>	<p><b>RENT LATE</b></p> <p><b>*2:00</b> Movie Day: <i>Wicked 2024</i></p> <p><b>Last day to sign up for Fish &amp; Wildlife</b></p>	
6	7	8	9	10	11	12
	<p>9:30 Trans: Winco</p> <p>11:30 Sit &amp; Get Fit</p> <p><b>2:00 Fish &amp; Wildlife</b></p>	<p>10:00 Bible Study</p> <p>Medical Appt. Trans Availability: 2-4p Only</p>	<p>9:30 Trans: Gosford Village</p> <p>2:30 BINGO</p>	<p>Medical Appt. Trans Availability: 9:30-12p Only</p>	<p>2:30 Movie Day: <i>Grease 1978</i></p>	
13	14	15	16	17	18	19
	<p>9:30 Trans: Town &amp; Country Village</p> <p>11:30 Sit &amp; Get Fit</p> <p><b>Last day to sign up for Craft</b></p>	<p>10:00 Bible Study</p> <p>Medical Appt. Trans Availability: 2-4p Only</p>	<p>9:30 Trans: Albertsons Shopping Center</p> <p>2:30 BINGO</p> <p><b>PEST CONTROL</b></p>	<p>Medical Appt. Trans Availability: 9:30-12p Only</p> <p><b>2:30 Craft</b></p>	<p>2:30 Movie Day: <i>The Wild Robot 2024</i></p> <p><b>Last day to sign up for Bingo Lunch</b></p>	
20	21	22	23	24	25	26
	<p>9:30 Trans: Gosford Village</p> <p>11:30 Sit &amp; Get Fit</p>	<p>10:00 Bible Study</p> <p>Medical Appt. Trans Availability: 2-4p Only</p> 	<p>9:30 Trans: The Shops at Riverwalk</p> <p><b>1:00 BINGO Lunch</b></p> <p>Hosted by </p>	<p>Medical Appt. Trans Availability: 9:30-12p Only</p>	<p>2:30 Movie Day: <i>Driving Miss Daisy 1989</i></p>	
27	28	29	30			
	<p>9:30 Trans: Albertsons Shopping Center</p> <p>11:30 Sit &amp; Get Fit</p>	<p>10:00 Bible Study</p> <p>Medical Appt. Trans Availability: 2-4p Only</p>	<p>9:30 Trans: Winco</p> <p>2:30 BINGO</p> <p><b>PEST CONTROL</b></p>			




## Community Newsletter



Hi there, Bunny here. It seems that Squirrel and Frog had lots of fun playing hide n' seek. Its time for some-bunny to find me? But watch out. Don't mistake me for my big brother. The first resident to find me and hop on over to the office will collect the prize.

### \*Quick Announcements\*

- ◆ Promptly pick up animal waste and dispose of it in a trash bin. It is inconsiderate to management staff, vendors, and other residents, not to do so. No one enjoys stepping in poop. 
- ◆ Please help keep our property clean. Trash bags/items should not be left on the ground in front of a trash bin. If the trash bins are full, please, please, please use another dumpster. There are five (5) trash enclosures on the property. Ask management if you need help locating them.
- ◆ Spring is here. The wasps are in the air. Ha ha...but no, really. They are a common occurrence here this time of year, but they usually stick to their business and leave people alone. If you notice Yellow Jacket or Mud Dauber nests in or around your patio, please report it to management as soon as possible.

## April 2025

### COMMUNITY STAFF

Melissa Loera  
Community Manager

Joy Byrom  
Assistant Manager/  
Activities Coordinator

Greg Conception  
Maintenance Technician  
(Tuesday & Wednesday)

Elio Mancera  
Groundskeeper  
(Wednesday)

### CONTACT INFORMATION

2605 Brookside Drive  
Bakersfield, CA 93311

**Office Hours**  
Monday—Friday  
9:00am to 5:00pm

**Office Phone**  
(661) 833-8833

**Fax**  
(661) 663-7804

**Transportation**  
(661) 699-6531

**SITREP Security**  
(661) 855-0732

**SALON**  
Dawn (661) 345-6275  
Tuesday- Saturday  
By Appointment Only



www.brooksideseior.com

# HAIR

## SALON

**Dawn Gollehon**  
Hairstylist

TUESDAY - SATURDAY  
By Appointment

Call (661) 345-6275



Haircut	\$25
Haircut & Shampoo	\$35
Shampoo & Style	\$25
Perms	Starting at \$60
Color	Starting at \$60
Highlights & Color	Starting at \$85

### Clubhouse Rental

Needing more space to host a party? The Brookside Senior Clubhouse is available to rent one Saturday each Month. See Management for details.

Cost: Resident \$75  
\*Non-Resident \$150

\*Non-residents must be a family

### Community Policy - Lockouts

Before 9:00p, manager may, at their discretion, unlock your door. This is not guaranteed.

- ◆ Management WILL NOT unlock any doors between the hours of 9:00p and 6:00a. You will need to call a locksmith if you lock yourself out of your apartment during this time. Please call the after-hours emergency operator at any time if you are locked out due to a maintenance issue with your keys and/or locks.
- ◆ There will be a \$30 charge for the On-site Manager to unlock your door after office hours.
- ◆ At no time is it acceptable for anyone to go directly to the On-site Manager's personal residence. Instead, contact the emergency operator at (661) 833-8833.



## Happy Birthday!

2nd	Ellen Walsh	25th	Anna Lara
6th	Mary Koontz	25th	Carol Escobar
11th	Dorothy Hill	26th	Maria Turner
13th	Katie Ray	28th	Barbara Mark
13th	Julie Johnston	28th	Joy Byrom
23rd	Eleanor Walters	30th	Kathy Shroyer

### SIT & GET FIT Mondays

Work out with Joy Monday mornings at 11:30am. Come ready for 30 minutes of chair exercises that focus on strength and flexibility. Make sure to be on time and in comfortable clothing.

Sign up on the Community Bulletin Board.



### Wednesday's

@ 2:30p

Cost: \$1.00 to play + \$0.25/card per game



### TRANSPORTATION SCHEDULE

Shopping (1hr)  
Monday & Wednesday @ 9:30a

Medical Appointments/Misc.  
Tuesday 2-4p  
Thursday 9:30a-12p

Sign up at the Community Bulletin Board

\*Availability subject to change



### Need some extra \$\$\$?

Receive a \$500 rent credit for each New Resident you refer to Brookside Senior.  
Rent Credit issued at lease signing.

## MARCH Highlights

### Poetry Reading



### St. Patrick's Day Social



Yummy Shamrock Shake!!!



# MOVIE FRIDAYS

Come join us for popcorn and candy in the clubhouse!



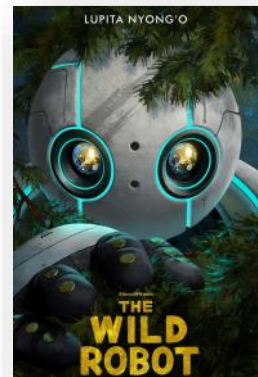
**\*April 4th at 2:00pm\***  
**Wicked 2024 2hrs 40mins**

Misunderstood because of her green skin, a young woman named Elphaba forges an unlikely but profound friendship with Glinda, a student with an unflinching desire for popularity. Following an encounter with the Wizard of Oz, their relationship soon reaches a crossroad as their lives begin to take very different paths.



**April 11th at 2:30pm**  
**Grease 1978 1hr 45mins**

Experience the friendships, romances and adventures of a group of high school kids in the 1950s. Welcome to the singing and dancing world of "Grease," the most successful movie musical of all time. A wholesome exchange student (Olivia Newton-John) and a leather-clad Danny (John Travolta) have a summer romance, but will it cross clique lines?



**April 18th at 2:30pm**  
**The Wild Robot 2024 1hr 42min**

After a shipwreck, an intelligent robot is stranded on an uninhabited island. To survive the harsh surroundings, she bonds with the native animals and cares for an orphaned baby goose. The film was nominated for 3 Oscars.



**April 25th at 2:30pm**  
**Driving Miss Daisy 1989 1hr 39mins**

Daisy Werthan (Jessica Tandy), an elderly Jewish widow living in Atlanta, is determined to maintain her independence. However, when she crashes her car, her son, Boolie (Dan Aykroyd), arranges for her to have a chauffeur, an African-American driver named Hoke Colburn (Morgan Freeman). Daisy and Hoke's relationship gets off to a rocky start, but they gradually form a close friendship over the years, one that transcends racial prejudices and social conventions.

## Did You Know?

- ⇒ "Houston, we've had a problem"! April 11, 1970 Apollo 13 launched from Cape Kennedy. Fifty-six hours later, she suffered a catastrophic explosion that crippled the ship. Fortunately, the astronauts were able to return home unharmed.
- ⇒ April's birthstone, the diamond, is known for strength. The diamond is the most durable of all the birthstones. In fact it is the hardest natural substance on Earth. Its name comes from the Greek word *adamas* which means unbreakable. Symbolically, this power translates to longevity in relationships, which explains why diamonds are favored in engagement rings.

## High-Protein Breakfast Combos



## Why is protein important for your body?

- ⇒ **Maintains body structure**
- ⇒ **Supports muscle growth and repair**
- ⇒ **Regulates fluid and pH balance**
- ⇒ **Facilitates immune function**
- ⇒ **Participates in various cellular processes.**
- ⇒ **Necessary for hormone production and regulation**



**Tuesday, April 1st**  
**11:30a**  
**We are eating out!**  
**La Costa Mariscos**  
**10100 Stockdale Hwy**  
*(Each is responsible for their own meal)*

**EVERYONE, driving themselves or riding in the van, MUST be at the Clubhouse by 11:15a.**

The Brookside van accommodates 5 people. Please indicate on the sign up sheet if you will need transportation.

**Sign up by March 31st**

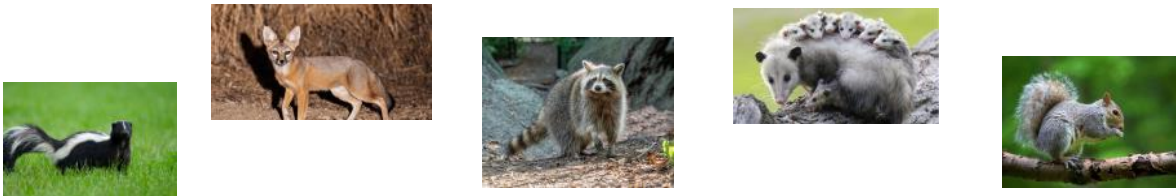
**Easter Craft**  
**Thursday, April 17th**  
**2:30p**  
**Ceramic Magnet Painting**




**Sign up on the Community Bulletin Board**  
**By April 14th**



California Department of  
**Fish and Wildlife**



**Monday, April 7th**  
**2:00p**

We are excited to welcome the California Department of Fish and Wildlife to Brookside Senior. They are joining us to provide information as well as fun and interactive materials regarding our local wildlife.

**Sign up by April 4th**

**BINGO Luncheon**  
**Wednesday, April 23rd**  
**1:00p**  
**Menu:**

**Spaghetti with Parmesan Cheese and Parsley**  
**Garden Salad w/ Italian and Ranch Dressing**  
**Breadsticks**  
**Tiramisu Dessert**

Hosted by



**Sign up on the Community Bulletin Board by April 18th**