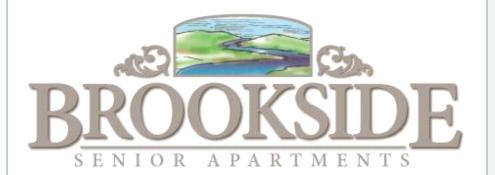
August 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31	I	2	3	4	5
		10:00 Bible Study Medical Appt. Trans Availability: 9:30-12p ONLY 3:00 Fish & Wildlife	9:30 Trans: Gosford Village 2:30 BINGO	Medical Appt. Trans Availability: 9:30-12p and 2-4p	2:30 Movie Day Pest Control	
6	7	8	9	10	П	12
	9:30 Trans: Winco Shopping Center 11:00 Fitness Equipment Demo 11:30 Sit & Get Fit	10:00 Bible Study Medical Appt. Trans Availability: 9:30-12p and 2-4p	9:30 Trans: Albert- son's Shopping 2:30 BINGO Last day to sign up for the Luau	Medical Appt. Trans Availability: 9:30-12p ONLY	2:30 Movie Day	
13	14	15	16	17	18	19
	9:30 Trans: Town & Country Village 11:30 Sit & Get Fit 3:00 Luau	10:00 Bible Study Medical Appt. Trans Availability: 9:30-12p and 2-4p	9:30 Trans: Gosford Village 2:30 BINGO	Medical Appt. Trans Availability: 9:30-12p and 2-4p	2:30 Movie Day Pest Control	
20	21	22	23	24	25	26
	9:30 Trans: Albert- son's Shopping 11:30 Sit & Get Fit Last day to sign up for Pancake Break- fast	10:00 Bible Stud Medical Appt. Trans Availability: 9:30-12p ONLY	9:30 Trans: Winco Shopping 2:30 BINGO	Medical Appt. Trans Availability: 2-4p ONLY 10:00 Pancake Breakfast	2:30 Movie Day	
27	28	29	30	31	1	2
	9:30 Trans: Town & Country Village 11:30 Sit & Get Fit	10:00 Bible Study Medical Appt. Trans Availability: 9:30-12p and 2-4p	9:30 Trans: Gosford Village 2:30 BINGO	Medical Appt. Trans Availability: 9:30-12p and 2-4p	2:30 Movie Day Pest Control	



Community **Newsletter**

Hello Brookside Residents!

We'd like to take this time to welcome our new Residents to our Brookside Senior Community!

~ Melissa & Joy

Quick Announcements

- ♦ All area codes are now accepted in the Directory at the Main Gate. Anyone who has a phone number with an area code that is NOT <u>661</u>, please contact the Office to verify your phone number has been updated in the system.
- ◆ Remember to keep the Pedestrian Gates latched closed at all times. Leaving them open gives unauthorized people access to our Community.
- ♦ If you see something, say something. Security patrols the property 3-4 times between the hours of 9p to 6a. Patrols are random and consist of a combination of foot and vehicle patrol. Contact SITREP Security at 661-855-0732 if you see any suspicious or criminal activity during these hours. If you are witnessing a crime in the act, call 911.
- There are available spots open for the Garden Club, please contact the office if you are interested.

August 2023

COMMUNITY STAFF

Community Manager Melissa Loera

Assistant Manager/ Activities Coordinator Joy Byrom

Maintenance Technician Greg Conception

CONTACT INFORMATION

2605 Brookside Drive Bakersfield, CA 93311

Office Hours Monday—Friday 9:00am to 5:00pm

Clubhouse Hours Monday—Saturday 9:00am to 5:00pm

Office Phone (661) 833-8833

Fax (661) 663-7804

Transportation (661) 699-6531

SITREP Security Dispatch (661) 855-0732

SALON Tue-Thur, Fri by appt. only 9:30a to 3:00p

Martha (661) 778-3713

www.brooksidesenior.com

August FUN FACTS

#1 The Perseid Meteor Shower is one of the most popular meteor showers. It usually peaks around August 11th to 13th and can be visible from most parts of the world and draws many stargazers and astronomy enthusi-

#2 Rock music lost a living legend on August 16, 1977, when Elvis Presley left the world behind. The King of Rock's health had been going downhill for some time, but his death was a shock to the world.

Clubhouse Rental

Needing more space to host a party?
The Brookside Senior Clubhouse is
available to rent one Saturday each
Month. See Management for details.
Cost: Resident \$75

*Non-Resident \$150

*Non-residents must be a family member/friend of a current resident.

Community Policy - Lockouts

Before 9:00p, manager may, at their discretion, unlock your door. This is not guaranteed.

- ◆ Management <u>WILL NOT</u> unlock any doors between the hours of 9:00p and 6:00a. You will need to call a locksmith if you lock yourself out of your apartment during this time. Please call the after-hours emergency operator at <u>any time</u> if you are locked out due to a maintenance issue with your keys and/or locks.
- There will be a \$30 charge for the On-site Manager to unlock your door after office hours.
- At no time is it acceptable for anyone to go directly to the On-site Manager's personal residence. Instead, contact the emergency operator at (661) 833-8833.

August Birthdays

1st Jim Freker 19th Alice Vonslomski
4th Margaret Hunt 21st Jake Byrom
8th Clara Whitney 21st Duane Kazel
11th Dorothy Wiggs 25th Patrick Plott
17th Avis Spieller 27th Luz Figeroa
18th John Shroyer 31st Fred Magnuson

Happy Birthday!

SIT & GET FIT

Mondays

Work out with Joy Monday mornings at 11:30am. Come ready for 30 minutes of chair exercises that focus on strength and flexibility. Sign-up sheets are located at the Community Bulletin Board. Make sure to be on time and wear comfortable clothing.

TRANSPORTATION SCHEDULE

Shopping ~ 9:30a every Mon & Wed

Medical Appts ~ Every Tue & Thurs mornings 9:30-12p / afternoons 2-4p *Availability subject to change.

See Community Bulletin Board for Sign-up Sheets and shopping locations.

PANCAKE BREAKFAST

Thursday, August 24, 2023 10:00a

Join us in the Clubhouse for a pancake breakfast!

Sign up on the Community Bulletin Board by August 21st.



Wednesday's
@ 2:30p
Cost: \$1.00 to play +
\$0.25/card per game

Phones MUST be Silenced



JULY Highlights

Ice Cream Social









Dinner & Bingo







Bakersfield Happenings



GLADYS KNIGHT

Bakersfield Fox Theatre SUN, 6 AUG 2023 at 07:00PM PDT Doors Open: 06:00PM On Sale: Thu, 8 Jun 2023 at 10:00AM PDT



Monday, August 21, 2023, 8am – 1pm Student Union Multi-Purpose Room 125 CSUB will be hosting the monthly food distribution. The distribution is free and open to the community.





California Department of Fish and Wildlife











Tuesday, August 1st 3:00p

We are excited to welcome the California Department of Fish and Wildlife to Brookside Senior. They are joining us to provide information as well as fun and interactive materials regarding our local wildlife.



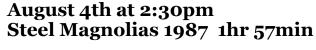
Don't let the heat stop your daily workouts. Our Fitness Center is free and cool. Join us on

Monday, August 7th at 11:00a

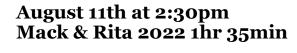
as we demonstrate how to use the new and existing equipment.

MOVIE FRIDAYS

Come join us for popcorn and candy in the clubhouse!



M'Lynn is the mother of bride-to-be Shelby Eatenton, and as friend Truvy Jones fixes the women's hair for the ceremony, they welcome a helping hand from aspiring beautician Annelle Dupuy Desoto. Diabetic Shelby has a health scare, which is averted but doesn't bode well for her hopes of having children. Time passes, and the women and their friends encounter tragedy and good fortune, growing stronger and closer in the process.

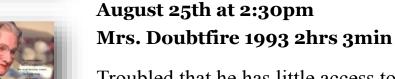


When 30-year-old Mack Martin reluctantly joins a Palm Springs, Calif., bachelorette trip for her best friend Carla, her inner 70-year-old gets released -- literally. The frustrated writer and influencer magically transforms into her future self: aunt Rita. Freed from the constraints of other people's expectations, Rita comes into her own, becoming an unlikely social media sensation and sparking a tentative romance with Mack's adorable dog-sitter, Jack.



August 18th at 2:30pm 1944-Hitlers Secret Weapon 2021 1hr 44min

The true story of Leonid Berenshtein, the Ukrainian commander of a partisan battalion in World War II who located the secret facility where the Nazis were developing their last hope for victory.





Troubled that he has little access to his children, divorced Daniel Hillard hatches an elaborate plan. With help from his creative brother Frank, he dresses as an older British woman and convinces his ex-wife, Miranda, to hire him as a nanny. "Mrs. Doubtfire" wins over the children and helps Daniel become a better parent -- but when both Daniel and his nanny persona must meet different parties at the same restaurant, his secrets may be exposed.