



March 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 RENT DUE
2	3	4	5	6	7	8
	9:30 Trans: Vons 11:30 Sit & Get Fit	RENT LATE 10:00 Blood Pressure Check 10:00 Bible Study Medical Appt. Trans Availability: 2-4p Only	9:30 Trans: Gosford Village 2:30 BINGO PEST CONTROL Last day to sign up for Honor Flight Breakfast	Medical Appt. Trans Availability: 9:30-12p Only 8:00 Honor Flight Breakfast (Magnolia Place)	2:30 Movie Day: <i>Philadelphia 1993</i>	
9	10	11	12	13	14	15
 9:30 Trans: Albertson's Shopping Center 11:30 Sit & Get Fit	9:30 Trans: Albertson's Shopping Center 11:30 Sit & Get Fit	10:00 Bible Study Medical Appt. Trans Availability: 2-4p Only	9:30 Trans: Town & Country Village 2:30 BINGO Last day to sign up for St. Patrick's Day Social	Office Closed No Transportation	11:00 Poetry Reading 2:30 Movie Day: <i>Mrs. Palfrey at the Claremont 2005</i>	
16	17	18	19	20	21	22
	9:30 Trans: Gosford Village 2:30 St. Patrick's Day Social  Sit & Get Fit Cancelled	10:00 Bible Study 11:30 Sit & Get Fit Medical Appt. Trans Availability: 2-4p Only	9:30 Trans: The Shops at Riverwalk 2:30 BINGO PEST CONTROL	Medical Appt. Trans Availability: 9:30-12p Only	2:30 Movie Day: <i>Gladiator II 2025</i>	
23	24	25	26	27	28	29
	9:30 Trans: Albertson's Shopping Center 11:30 Sit & Get Fit	10:00 Bible Study Medical Appt. Trans Availability: 2-4p Only	9:30 Trans: Winco 2:30 BINGO	Medical Appt. Trans Availability: 9:30-12p Only 2:00-5:00 Massage Therapist	2:30 Movie Day: <i>The Graduate 1967</i>	
30	31					
	9:30 Trans: Vons 11:30 Sit & Get Fit					



Community Newsletter



Hello Brookside Residents,

We have new neighbors at Brookside Senior. Join us in welcoming them to our community! Make sure to check the Community Bulletin Board for all the exciting things happening this month.

~ Melissa & Joy

Quick Announcements

- ◆ Magnolia Place will be shuttling veterans to the Elks Lodge for the monthly **Honor Flight Breakfast on Thursday, March 6th at 8:00am**. Cost: Veterans FREE, Guest(s) \$10. Please sign up on the Community Bulletin Board if you would like to attend.
- ◆ Don't forget to set your clocks ahead one hour on Sunday, March 9.
- ◆ The Office will be **CLOSED** Thursday, March 13. The Clubhouse will be **OPEN** as normal.



◆ Hi there, Frog here. You know that thing my squirrel friend *toad* you about last month? Did you *Froget*? Let me remind you. This month I will be hiding somewhere in the newsletter. Be the first to find me, take me to the office and collect your prize.

March 2025

COMMUNITY STAFF

Melissa Loera
Community Manager

Joy Byrom
Assistant Manager/
Activities Coordinator

Greg Conception
Maintenance Technician
(Tuesday & Wednesday)

Elio Mancera
Groundskeeper
(Wednesday)

CONTACT INFORMATION

2605 Brookside Drive
Bakersfield, CA 93311

Office Hours
Monday–Friday
9:00am to 5:00pm

Office Phone
(661) 833-8833

Fax
(661) 663-7804

Transportation
(661) 699-6531

SITREP Security
(661) 855-0732

SALON
Tuesday- Saturday
By Appointment Only

Dawn (661) 345-6275
Closed Sunday & Monday

www.brooksideseior.com

HAIR

SALON

Dawn Gollehon
Hairstylist

TUESDAY - SATURDAY
By Appointment

Call (661) 345-6275



Haircut	\$25
Haircut & Shampoo	\$35
Shampoo & Style	\$25
Perms	Starting at \$60
Color	Starting at \$60
Highlights & Color	Starting at \$85

Clubhouse Rental

Needing more space to host a party? The Brookside Senior Clubhouse is available to rent one Saturday each Month. See Management for details.

Cost: Resident \$75
*Non-Resident \$150

*Non-residents must be a family

Community Policy - Lockouts

Before 9:00p, manager may, at their discretion, unlock your door. This is not guaranteed.

- ◆ Management WILL NOT unlock any doors between the hours of 9:00p and 6:00a. You will need to call a locksmith if you lock yourself out of your apartment during this time. Please call the after-hours emergency operator at any time if you are locked out due to a maintenance issue with your keys and/or locks.
- ◆ There will be a \$30 charge for the On-site Manager to unlock your door after office hours.
- ◆ At no time is it acceptable for anyone to go directly to the On-site Manager's personal residence. Instead, contact the emergency operator at (661) 833-8833.



Happy Birthday!

5th	Phil Spieller	19th	Ron Blankenship
5th	Becky Frank	25th	Roberto Carrillo
9th	Carolyn Wolfe	31st	Judy Urrutia
15th	Raymond Pettus	31st	Jim Theobald
19th	Stella Lopez		

SIT & GET FIT Mondays

Work out with Joy Monday mornings at 11:30am. Come ready for 30 minutes of chair exercises that focus on strength and flexibility. Make sure to be on time and in comfortable clothing.

Sign up on the Community Bulletin Board.

March 17th session moved to Tues, March 18 at 11:30a



Wednesday's

@ 2:30p

Cost: \$1.00 to play + \$0.25/card per game

Phones MUST be silenced

TRANSPORTATION SCHEDULE

Shopping (1hr)
Monday & Wednesday @ 9:30a

Medical Appointments/Misc.
Tuesday 2-4p
Thursday 9:30a-12p

Sign up at the Community Bulletin Board

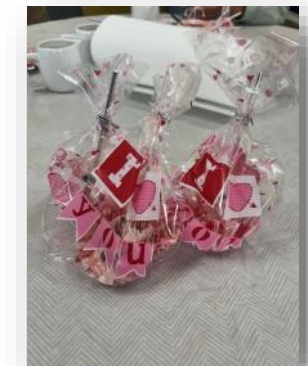
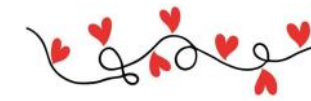
*Availability subject to change

Did You Know?

- ⇒ On March 2nd 2016, NASA astronaut Scott Kelly returned to Earth after nearly one full year on the International Space Station, setting a new record for the longest uninterrupted trip to space.
- ⇒ On March 31, 1889, the Eiffel Tower was ascended for the first time. The journey had to be made by foot as the elevators were not in operation yet, and took over an hour to reach the top.

FEBRUARY Highlights

Valentine's Craft



Valentine's Day Soiree



MOVIE FRIDAYS

Come join us for popcorn and candy in the clubhouse!



March 7th at 2:30pm Philadelphia 1993 2hrs 6mins

Fearing it would compromise his career, lawyer Andrew Beckett (Tom Hanks) hides his homosexuality and HIV status at a powerful Philadelphia law firm. But his secret is exposed when a colleague spots the illness's telltale lesions. Fired shortly afterwards, Beckett resolves to sue for discrimination, teaming up with Joe Miller (Denzel Washington), the only lawyer willing to help. In court, they face one of his ex-employer's top litigators, Belinda Conine (Mary Steenburgen).



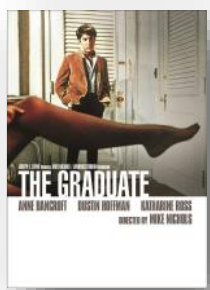
March 14th at 2:30pm Mrs. Palfrey at the Claremont 2005 1hr 48mins

After the death of her husband, Mrs. Palfrey (Joan Plowright) moves to London with the hope of gaining her independence and seeing her grandson. While she is staying at a residential hotel for senior citizens, she meets writer Ludovic Meyer (Rupert Friend) when she trips and falls on the street in front of his home. An unlikely friendship flourishes between them, bolstered by the fact that the residents are under the impression that Ludovic is Mrs. Palfrey's estranged grandson.



March 21st at 2:30pm Gladiator II 2025 2hrs 28min

Years after witnessing the death of Maximus at the hands of his uncle, Lucius must enter the Colosseum after the powerful emperors of Rome conquer his home. With rage in his heart and the future of the empire at stake, he looks to the past to find the strength and honor needed to return the glory of Rome to its people.



March 28th at 2:30pm The Graduate 1967 1hr 46mins

Benjamin Braddock (Dustin Hoffman) has just finished college and, back at his parents' house, he's trying to avoid the one question everyone keeps asking: What does he want to do with his life? An unexpected diversion crops up when he is seduced by Mrs. Robinson (Anne Bancroft), a bored housewife and friend of his parents. But what begins as a fun tryst turns complicated when Benjamin falls for the one woman Mrs. Robinson demanded he stay away from, her daughter, Elaine (Katharine Ross).



HARMONY
SENIOR SERVICES

Tuesday, March 4th
Clubhouse
10:00am

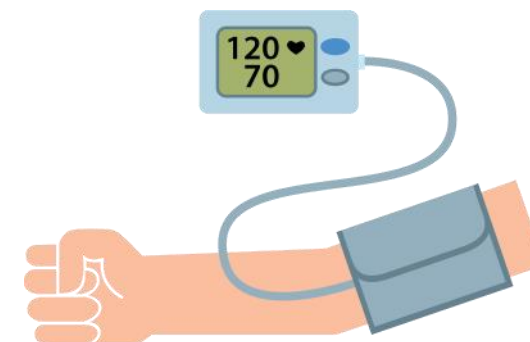
Harmony Senior Services

A referral agency dedicated to helping seniors access the resources they need to live healthy, independent lives.

Examples of Referrals Offered

- ◆ Home Health Care
- ◆ Medical Equipment
- ◆ Free Pharmacy Delivery
- ◆ Meals on Wheels & Meal Delivery
- ◆ Physical Therapy
- ◆ Food Pantry Access

FREE BLOOD PRESSURE
check for those who attend a
quick presentation.



Poetry Reading
By Don Thompson



Friday, March 14th
11:00a in the Clubhouse



Happy Saint Patrick's Day



MONDAY, MARCH 17TH
2:30P

ST. PATRICK'S DAY SOCIAL

WEAR YOUR FAVORITE GREEN
ATTIRE AND COME BY THE
CLUBHOUSE FOR A
SHAMROCK SHAKE!

SIGN UP ON THE BULLETIN
BOARD
BY MARCH 12TH

**Thursday, March 27th
2:00p - 5:00p**

**We are excited to welcome Ariel back to Brookside Senior.
She is offering a \$10.00 fifteen (15) minute massage session.**

**Senior massages are Ariel's specialty!
Time slots are limited, so sign up early.**

Please sign up on the community bulletin board by March 25th.



Ariel Jones

LICENSED MASSAGE THERAPIST

615-932-0592

Senior Citizen Massage | Deep Tissue
Swedish | Customized and On Site Massage

Be Well Chiropractic · 7800 Meany Avenue, Bakersfield, CA
www.massagebook.com/biz/ariel-jones-massage-therapy

**Tell A Friend
About Us!**

Need some extra \$\$\$?

Receive a \$500 rent credit for each New Resident you refer to Brookside Senior. Rent Credit issued at lease signing.

Ask Management for details.