

May 2022

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|------------------------------------|--|---|----------|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| | 9:30 Albertson's 11:30 Sit & Get Fit | 11:00 Bible Study 2:00 Medical | 9:30 Wal-Mart 2:30 BINGO | 4:00-6:00 Cinco de Mayo Party | 10:00 Mother's Day Social 2:30 Movie Day | |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
|  8 | 9:30 Winco 11:30 Sit & Get Fit 2:00 Avon | 11:00 Bible Study 2:00 Medical | 9:30 Sprouts/TJ Maxx 2:30 BINGO | 9:30 Medical 2:00-3:00 Medicare Seminar | 2:30 Movie Day Pest Control | |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| | 9:30 Trader Joe's 11:30 Sit & Get Fit | 11:00 Bible Study 2:00 Medical | 9:30 Vons 2:30 BINGO | 9:30 Medical 2:00 Line Dancing Class | 2:30 Movie Day Pest Control | |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| | 9:30 Target 11:30 Sit & Get Fit | 11:00 Bible Study 2:00 Medical 3:30 Community Social | 9:30 Albertson's 2:30 BINGO | 9:30 Medical | 2:30 Ice Cream Social Pest Control | |
| 29 | 30 | 31 | 1 | 2 | 3 | 4 |
| |  Office/Clubhouse Closed | 11:00 Bible Study 2:00 Medical | | | | |



Community Newsletter

Wonderful Brookside Residents!

It was exciting getting back to normal last month. There is much more planned for May. So make sure to check the community bulletin board for activities and sign up sheets. Many of you have inquired about the community social. You'll be pleased to know that we will be having one this month. This will be a great opportunity to meet our new maintenance technician, Greg Conception. We feel he will be a valuable addition to our staff and has already proved his worth in the short time he's been with us. So, if you have the opportunity to meet Greg please join us in welcoming him to our Brookside community.



Quick Reminders

- Office and clubhouse will be close Memorial Day, May 30th.
- When walking through the pedestrian gates, please be mindful that the gate is completely closed behind you.
- The warmer weather is upon us. Let us know if you need assistance switching your thermostat from Heat to Cool. Instructions will be in the brochure rack at the main entrance to the clubhouse.

Best Wishes,
Melissa & Joy

May 2022

COMMUNITY STAFF

Community Manager
Melissa Loera

Assistant Manager/
Activities Coordinator
Joy Byrom

Maintenance Technician
Greg Conception

CONTACT INFORMATION

2605 Brookside Drive
Bakersfield, CA 93311

Office Hours
Monday-Friday
9:00am to 5:00pm

Office Phone
(661) 833-8833

Fax
(661) 663-7804

Transportation
(661) 699-6531

SITREP Security
(661) 564-9843 or
(661) 855-0732

SALON
Tue-Thur, Fri by appt. only
9:30a to 3:00p
Martha (661) 778-3713
Raquel (661) 932-4352

www.brooksideseior.com

May FUN FACTS

#1 The Empire State Building opened its doors on May 1, 1931. At the point of its construction, it held the record for being the tallest building in the world. Many other sky-high constructions have since dwarfed it, but it's still an awe-inspiring feature of the New York city-
scape!

#2 Every year there is a particular meteor shower in May called the Eta Aquariids meteor shower. Discovered in 1870, this meteor shower passes by Earth between April 19 and May 28. It's easiest to view it from the equatorial regions of the world and can be glimpsed passing by just before dawn.

#3 **May 22 is National Maritime Day.** Created in commemoration of the first transoceanic voyage via steamboat (completed by the U.S.S. Savannah in 1819), this holiday recognizes the efforts of the U.S. merchant marine during both war and peace.

#4 In 1934 Bonnie and Clyde were killed by police. After studies of the gang's movements, police set up a trap for Bonnie and Clyde which ended up being successful. The police emptied their guns on a car with the duo inside, shooting about 130 rounds.

May Birthdays

| | | | |
|-----|-------------------|------|--------------------|
| 1st | Judy Henry | 11th | Debra Tolle |
| 2nd | Carla Kightlinger | 11th | Florence Dueker |
| 3rd | Janet Jenkins | 12th | Louisiana Owens |
| 3rd | AJ Sallee | 16th | Nancy Calvert |
| 4th | Janice Crooks | 21st | Sharon Davis |
| 5th | Dana Seamans | 21st | Lynn Fordham-Corse |
| 5th | Glenda Cronin | 27th | Karnese Burgett |
| 8th | Eleanor Perez | 28th | Donita Landis |

Happy Birthday!

SIT & GET FIT

Mondays

Work out with Joy Monday mornings at 11:30am in the Clubhouse. Come ready for 30 minutes of chair exercises that focus on strength and flexibility. Sign-up sheets are located at the Community Bulletin Board. Make sure to be on time and wear comfortable clothing.

Transportation Schedule

Shopping ~ Monday's & Wednesday's at 9:30am

Medical ~ Tuesday's at 2 p & Thursday's at 9:30a

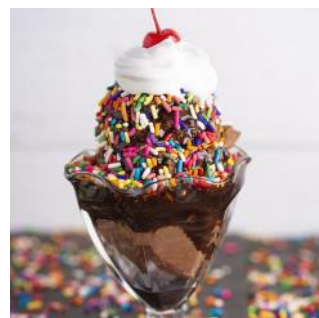
See Community Bulletin Board for Sign-up sheets and shopping locations.



Mother's Day Social

Happy Mother's Day to all of our beautiful Mothers here at Brookside Senior. We would like to show our appreciation for all of your hard work and being the backbone of your family's lives. Please join us on **Friday, May 6th at 2:30p** for sweet treats for all our sweet Mom's.

RSVP by May 4th



YOU SCREAM, I SCREAM, WE ALL SCREAM FOR ICE CREAM!

Make your own sundae just how you like it!

Join us on Friday, May 27th at 2:30

RSVP by May 23rd

APRIL Highlights

Thank you to Emma and all the residents who helped complete the beautiful puzzle!



Line Dancing Lesson



Easter Egg Craft



MOVIE DAYS

Come join us for popcorn and candy in the clubhouse!!!



May 6th at 2:30pm

A grounded, soulful, celebratory comedy about three mothers and their adult sons. The film explores the stage after motherhood, Otherhood, when you have to redefine your relationship with your children, friends, spouse, and most importantly, yourself.

May 13th at 2:30pm



Batman ventures into Gotham City's underworld when a sadistic killer leaves behind a trail of cryptic clues. As the evidence begins to lead closer to home and the scale of the perpetrator's plans become clear, he must forge new relationships, unmask the culprit and bring justice to the abuse of power and corruption that has long plagued the metropolis. .



May 20th at 2:30pm

Pop superstar Kat Valdez is about to get married before an audience of her loyal fans. However, seconds before the ceremony, she learns about her fiancé's cheating ways and has a meltdown on stage. In a moment of inspired insanity, Kat locks eyes with a total stranger in the crowd and marries him on the spot. As forces conspire to separate the unlikely newlyweds, they must soon decide if two people from such different



Every Wednesday at 2:30p
Cost: \$1.00 to play plus \$0.25
per card per game.

Sign up on the Community Bulletin Board



Who's interested in taking a line dancing class?
It will be great exercise and fun for everyone.

Thursday, May 19th 2:00p-4:00p
Location: Clubhouse
Cost: \$5.00 per person

Sign up on the Community Bulletin Board by
May 14th



Come down to the Clubhouse and help us celebrate Cinco De Mayo with a Cinco De Mayo Fiesta! We will be enjoying a delicious Beef Nacho bar with sides of rice and beans.

When: Thursday, May 5th

Location: Clubhouse

Time: 4:00-6:00

RSVP by May 3rd



Brookside Community Social

Tuesday, May 24th at 3:30p

Please join us for our first community social of the year!

Snacks will be provided

Sign up on the Community Bulletin Board by May 21st



LADIES!!!!
Monday, May 9th
at 2:00p
 Come enjoy a fun day of beauty with AVON representative Mary.



**EDUCATIONAL
 MEDICARE
 SEMINAR**

DATE: MAY 12TH • THURSDAY • 2:00 PM
LOCATION: CLUB HOUSE

Learn from local Medicare expert, Sam Olson, about the latest in Medicare to help you stay informed about your health insurance benefits.



EMAIL: INFO@SAMOLSON-AGENCY.COM
 PHONE NUMBER: (757) 690-1965

Thursday, May 12th at 2:00p
Do you have questions about Medicare?
 If so, come join Samuel Olson for this educational seminar. Some topics will be:

- The basics of Medicare and how their benefits work.
- The latest changes of Medicare and how it applies to you.
- How to avoid unfortunate scams and shady practices that we see regularly.
- Cost-saving tips and enrollment periods they need to be aware of.

Bible Study



Are you unable to make it to church on Sunday's?
 Well here at Brookside we have a Bible Study lead by Kathy and John Shroyer. Please join them and others every Tuesday at 11:00a here in the Clubhouse. Please don't hesitate to call Kathy for more information at (661) 401-1092

Bakersfield Happenings



Grammy nominated global music sensation **Celtic Woman** is thrilled to return in 2022 with a brand-new show **Postcards from Ireland**.
 Mechanics Bank Arena
 1001 Truxtun Ave
 Tickets- \$35.00 and up



Bakersfield Family Medical Center

Senior Drive-Thru Activities

Arts & Crafts Kit
 Fridays, May 13th & May 27th
 4570 California Avenue
 (661) 846-4662
 Must wear mask
 RSVP- 1 day prior— No Charge for kit