

# October 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 <b>RENT DUE</b> 10:00 Bible Study Medical Appt. Trans Availability: 2-4p	2 9:30 Trans: Town & Country Village 2:30 BINGO PEST CONTROL	3 Medical Appt. Trans Availability: 9:30-12p <b>2:00 "Know Your Numbers" Classes</b>	4 <b>RENT LATE</b> 2:30 Movie Day: <i>Summer Camp 2024</i>	5 <b>Last day to sign up for BINGO Lunch</b>
6	7 9:30 Trans: Vons	8 10:00 Bible Study Medical Appt. Trans Availability: 2-4p	9 9:30 Trans: Gosford Village <b>1:00 BINGO Luncheon</b>	10 Medical Appt. Trans Availability: 9:30-12p <b>2:00 "Know Your Numbers" Classes</b>	11 2:30 Movie Day: <i>Ordinary Angels 2024</i>	12
13	14 9:30 Trans: Winco <b>Last day to sign up for KC Library Presentation</b>	15 10:00 Bible Study <b>11:00 Kern County Library Presentation</b> Medical Appt. Trans Availability: 2-4p	16 9:30 Trans: Albertson's Shopping Center 2:30 BINGO PEST CONTROL	17 Medical Appt. Trans Availability: 9:30-12p <b>2:00 "Know Your Numbers" Final Screening</b>	18 2:30 Movie Day: <i>Jaws 1975</i> <b>Last day to sign up for the Succulent Craft</b>	19
20	21 9:30 Trans: The Shops at River walk 11:30 Sit & Get Fit	22 10:00 Bible Study Medical Appt. Trans Availability: 2-4p	23 9:45 Trans: Vons 2:30 BINGO	24 Medical Appt. Trans Availability: 9:30-12p <b>2:30 Succulent Craft</b>	25 2:30 Movie Day: <i>Beetlejuice 1988</i>	26
27	28 9:30 Trans: Gosford Village 11:30 Sit & Get Fit <b>Last day to sign up for the Halloween Party</b>	29 10:00 Bible Study Medical Appt. Trans Availability: 2-4p	30 9:30 Trans: Town & Country Village 2:30 BINGO PEST CONTROL	31 Medical Appt. Trans Availability: 9:30-12p <b>2:30 Halloween Party</b>		



## Community Newsletter



Hello Brookside Residents!

Halloween marks the beginning of the Holiday Season. Thanksgiving and Christmas are right around the corner. We are nearing the end of the year and I don't know about you, but I feel like we are still in the middle of Summer.

I am sure you've all noticed that our trees, plants, shrubs and lawn have been undergoing some grooming over the last couple of weeks. This is all in preparation for the fall/winter season. Before we know it, the lawn will be green and lush again. Just like we like it.

~ Melissa and Joy

### \*Quick Announcements\*

- ◆ Kern County Public Health "Know Your Numbers" Event continues every Thursday through October 17th, 2:00p-3:00p in the Clubhouse.
- ◆ Sit & Get Fit classes on Monday mornings are still on hold. Classes will resume Monday, October 21st.
- ◆ The chemicals used by Pest Control will counteract with store bought products like Raid, Hot Shot, etc. Try spraying bugs with household cleaners like Windex to kill them in between Pest Control service days.
- ◆ In order to avoid any confusion or mishaps, all communication with Vendors should come from Management only. Resident concerns should be brought directly to Management. We appreciate your cooperation.

## October 2024

### COMMUNITY STAFF

Melissa Loera  
Community Manager

Joy Byrom  
Assistant Manager/  
Activities Coordinator

Greg Conception  
Maintenance Technician  
(Tuesday & Wednesday)

Elio Mancera  
Groundskeeper  
(Wednesday)

### CONTACT INFORMATION

2605 Brookside Drive  
Bakersfield, CA 93311

**Office Hours**  
Monday–Friday  
9:00am to 5:00pm

**Office Phone**  
(661) 833-8833

**Fax**  
(661) 663-7804

**Transportation**  
(661) 699-6531

**SITREP Security**  
(661) 855-0732

**SALON**  
**Tuesday - Saturday**  
**By Appointment Only**  
Dawn (661) 345-6275

Closed Sunday & Monday

www.brooksideseior.com

## October FUN FACTS

**#1** A very impressive meteor shower that is visible in both hemispheres is the Orionid meteor shower, which runs from October 2<sup>nd</sup> until early November. It is named after Orion as it is usually visible in the same part of the sky as the constellation. At the peak of the meteor shower, as many as 20 meteors are visible every hour

**#2** The beer-swilling Bavarian festival Oktoberfest takes place every year in Munich, Germany. The festival usually runs for 16 days from mid-September until the Sunday of the first weekend in October. The event has been held since 1810 when Prince Ludwig of Bavaria held a festival to celebrate his marriage with Therese, the princess of Saxony-Hildburghausen.

### Clubhouse Rental

Needing more space to host a party? The Brookside Senior Clubhouse is available to rent. See Management for more details.

**Cost:** Resident \$75  
\*Non-Resident \$150

\*Non-residents must be a family member/friend of a current resident.

### Community Policy - Lockouts

Before 9:00p, manager may, at their discretion, unlock your door. This is not guaranteed.

◆ Management WILL NOT unlock any doors between the hours of 9:00p and 6:00a. You will need to call a locksmith if you lock yourself out of your apartment during this time. Please call the after-hours emergency operator at any time if you are locked out due to a maintenance issue with your keys and/or locks.

◆ There will be a \$30 charge for the On-site Manager to unlock your door after office hours.

◆ At no time is it acceptable for anyone to go directly to the On-site Manager's personal residence. Instead, contact the emergency operator at (661) 833-8833.

## October Birthdays

- 1st Kathrine Jordan
- 3rd Dixie Braas
- 15th Arnetta Freeman
- 17th Tracy Shull
- 19th Pat Zeigler-Lopez
- 27th Brian Mark
- 27th Mirabai Henderson
- 28th Greg Akins
- 30th Barbara Bischoff

Happy Birthday!



**SALON OPEN**  
TUESDAY - SATURDAY  
By Appointment  
Dawn Gollehon  
Call (661) 345-6275

Haircut	\$25
Haircut & Shampoo	\$35
Shampoo & Style	\$25
Perms	Starting at \$60
Color	Starting at \$60
Highlights & Color	Starting at \$85

## SIT & GET FIT Mondays

Work out with Joy Monday mornings at 11:30am. Come ready for 30 minutes of chair exercises that focus on strength and flexibility. Sign-up sheets are located at the Community Bulletin Board. Make sure to be on time and wear comfortable clothing.

**\*No Class on Monday, October 7th and October 14th**



## TRANSPORTATION SCHEDULE

Shopping ~ 9:30a every Mon & Wed

Medical ~ Tues 2-4p / Thurs 9:30a-12p

**\*Availability subject to change**

See Community Bulletin Board for Signup Sheets.

## \*BINGO\*

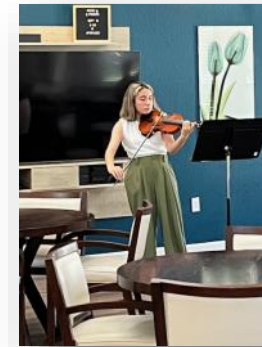
**Wednesday's @ 2:30p**  
**Cost: \$1.00 to play + \$0.25/card per game**

Phones MUST be silenced



## September Highlights

### Music by Veronica



### Bracelet Craft



### "Know Your Numbers" Event



## MOVIE FRIDAYS

Come join us for popcorn and candy in the clubhouse!



**October 4th at 2:30**  
**Summer Camp 2024 1hr 36min**

Childhood best friends Nora, Ginny and Mary used to spend every summer at a sleepaway camp together. Years later, they seize the opportunity to return to the camp for a reunion filled with food fights, river rafting, and emotional revelations.



**October 11th at 2:30pm**  
**Ordinary Angels 2024 1hr 58mins**

A struggling hairdresser finds a renewed sense of purpose when she meets a widowed father working hard to care for his two daughters. With his youngest critically ill and waiting for a liver transplant, the fierce woman single-handedly rallies an entire community to help



**October 18th at 2:30pm**  
**Jaws 1975 2hr 10mins**

When a young woman is killed by a shark while skinny-dipping near the New England tourist town of Amity Island, police chief Martin Brody wants to close the beaches, but mayor Larry Vaughn overrules him, fearing that the loss of tourist revenue will cripple the town. Ichthyologist Matt Hooper and grizzled ship captain Quint offer to help Brody capture the killer beast, and the trio engage in an epic battle of man vs. nature.



**October 25th at 2:30pm**  
**Beetlejuice 1988 1hr 32min**

After Barbara and Adam Maitland die in a car accident, they find themselves stuck haunting their country residence, unable to leave the house. When the unbearable Deetzes and teen daughter Lydia buy the home, the Maitlands attempt to scare them away without success. Their efforts attract Beetlejuice, a rambunctious spirit whose "help" quickly becomes dangerous for the Maitlands and innocent Lydia.

## KNOW YOUR NUMBERS



Join Kern County Public Health for "Know Your Numbers." The 7 week program offers free health screenings and fitness and nutrition classes to areas in Kern County. All you have to do is show up. **This event is FREE and open to the public. Invite your friends and family!** Fitness Class and Nutrition Class will continue every Thursday through October 10th. A final health screening will be done October 17th to see your progress.

**Location: Brookside Clubhouse**



**Fitness and Nutrition Classes**

**Thursday, October 3rd, 10th**

**Time: 2:00-3:00**

**Final Health Screening**

**Thursday, October 17th**

**Time: 2:00-3:00**

## BINGO Luncheon

**Wednesday, October 9th**

**1:00p**

**Menu:**

**Spaghetti Bolognese (meat sauce)**

**Caesar Salad, Dessert and Drink**

**Sign up on the Community Bulletin Board by October 5th**





*Thursday, October 24th at 2:30p*

*Cost: \$10.00*

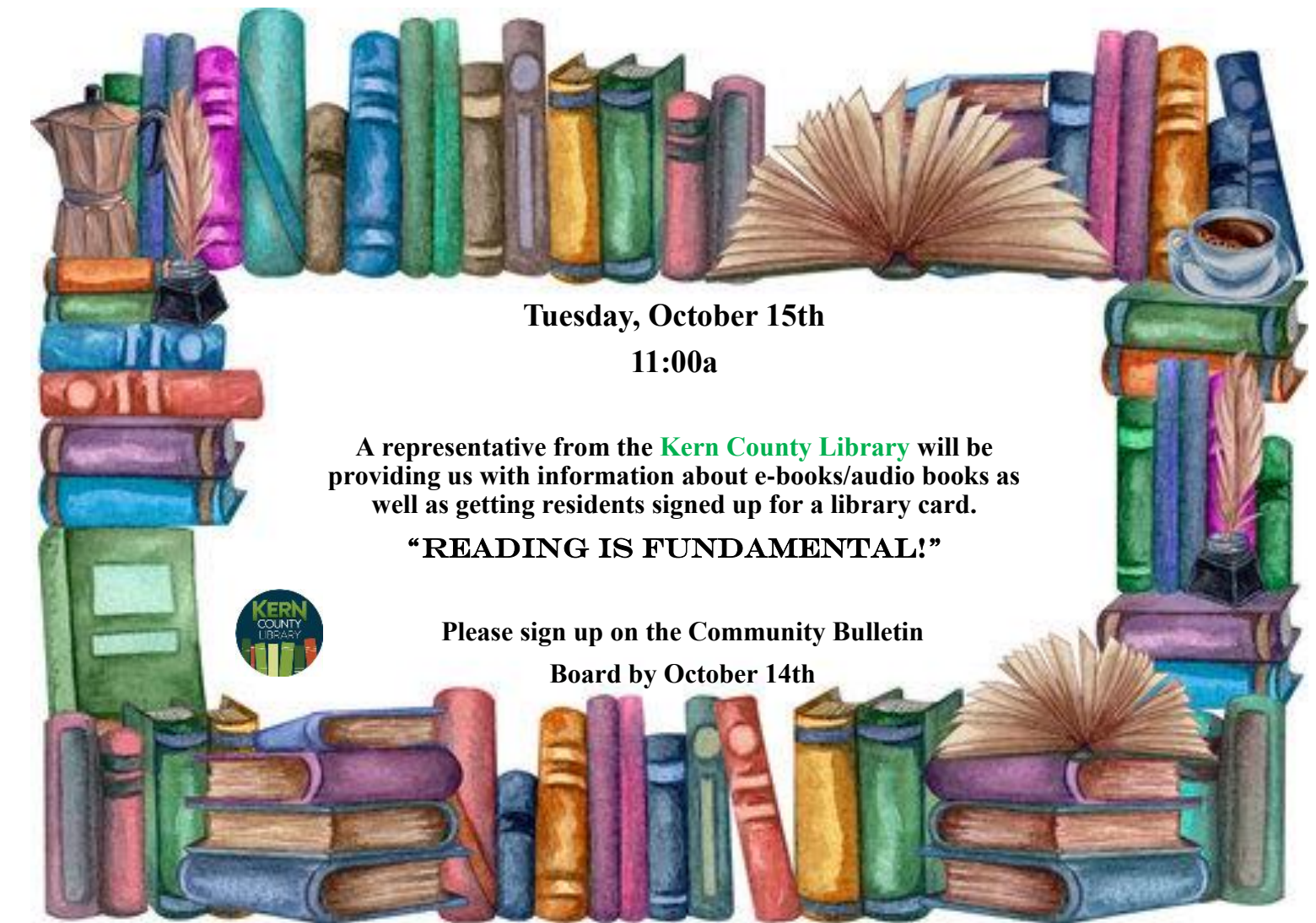
*Learn how to pot and care for succulents.*

*All materials included*

*Class by Bethany Cranfill, owner of*

*“Life Succs Without Plants”*

*Sign up by October 18th*



**Tuesday, October 15th**

**11:00a**

A representative from the **Kern County Library** will be providing us with information about e-books/audio books as well as getting residents signed up for a library card.

**“READING IS FUNDAMENTAL!”**

Please sign up on the Community Bulletin

Board by October 14th



**HALLOWEEN PARTY**

**THURSDAY  
OCTOBER 31ST  
2:30P**

**MUST WEAR A  
COSTUME OR  
HALLOWEEN ATTIRE**

**JOIN US FOR A GAME,  
TREATS AND  
CANDY .....  
NO TRICKS!**

**PLEASE SIGN UP ON THE  
COMMUNITY BULLETIN  
BY  
OCTOBER 28TH**